



Certified Lactation Counselor Counseling Skills Attestation

To be filled out by a lactation professional (must be a currently certified CLC, ALC, ANLC, or IBCLC). Please check the appropriate box and initial next to each skill listed. To determine “met” or “not met” you must have directly observed the applicant demonstrate each skill. Please submit your resume with this checklist. Multiple forms may be submitted as required to meet all skills and competencies.

Skills Requiring Competency Verification	Met	Not Met	Not observed	Initials
Assessing normal and uncomplicated anatomy and physiology of mother and infant for breastfeeding.				
Evaluation and documentation of breastfeeding using a standardized assessment form, such as the Lactation Assessment Tool (LAT).				
Teaching the expression of milk by the technique of hand expression.				
Counseling the mother and her supporters about the infant feeding decision.				
Evaluation of challenges to breastfeeding related to behaviors and physiology of mother and infant using a “slow weight gain” tool.				
Using the counseling process with breastfeeding mothers in a variety of circumstances.				
Providing appropriate anticipatory guidance and proactive support.				
Counseling and providing anticipatory guidance that incorporates and respects the value systems and health beliefs of the breastfeeding mother.				
Evaluation of personal and peer effectiveness of counseling sessions.				
Recognizing individual roles and responsibilities within appropriate scope of practice and referring appropriately.				

My signature attests that I have observed _____ (name) delivering lactation care and that found her/him competent at the above skills and competencies.

Name (print) _____ Institution _____

Email _____ Phone _____

Signature _____ Date _____